

Alberto Zamanillo Díaz, PhD

PhD in Psychology · Systemic Psychotherapist · University Lecturer & Researcher

Licensure: N° AO-07637 (Official College of Psychology of Eastern Andalusia, Spain) | **Location:** Málaga, Spain

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Memberships: European Brief Therapy Association (EBTA, Full Member) | Spanish Federation of Family Therapy Associations (FEATF, Certified Family Therapist & Teaching Collaborator)

1. ACADEMIC TEACHING & PROGRAM COORDINATION

Universidad Europea de Andalucía

Lecturer · Master's Degree in General Health Psychology (PGS) (*Sept. 2026 – Present*)

- *Health Psychologist Skills Training*
- *Evaluation and Diagnosis in Health Psychology*
- *Scientific and Professional Foundations in Psychotherapy*
- *Psychological Intervention in Couples and Families*
- *Advanced Intervention Techniques in Psychotherapy*

Lecturer · Bachelor's Degree in Psychology (*Feb. 2026 – Present*)

Courses: *Thought and Language*, *Simulated Clinical Rotations*, and *Simulated Clinical Internships* (bilingual Spanish & English groups).

Degree Coordinator for the Bachelor's in Psychology (*Jun. 2025 – Present*)

Academic, curricular, and faculty team coordination.

Universidad Loyola Andalucía

Associate Professor · Master's Degree in General Health Psychology (PGS) (*Oct. 2019 – Present*)

- *Scientific Foundations of Health Psychology* (2021/22 to 2025/26)
- *Health Prevention and Promotion: A Biopsychosocial Approach* (2021/22 to Present)
- *Evaluation and Diagnosis in Clinical and Health Psychology* (2021/22 – 2022/23)
- *Psychological Therapy, Processes, Perspectives and Core Skills* (2024/25 – Present)

Course Coordinator (2023 – 2024): Coordinator of *Health Prevention and Promotion* (Master's PGS) and *Psychological Assessment Techniques* (Bachelor's in Psychology).

Master's Thesis Supervisor (TFM) (2022 – 2024):

- **2024:** *Language comparison in SFT between human therapists and a generative pretrained transformer (GPT) model.* Grade: **Outstanding (Sobresaliente).**
- **2022:** *Language as a collaborative process: A replication of Clark's experiments (1986, 1989).* Grade: **Honors Distinction (Matrícula de Honor).**

Continuing Education Lecturer (2022): *Introductory Course on Systemic Brief Therapy* (Seville and Córdoba campuses, 8 hours).

Associate Professor · Bachelor's Degree in Psychology (Feb. 2021 – 2025): *Clinical Psychology Intervention* (2024/25) and *Techniques and Instruments in Psychological Assessment* (2021 – 2024).

Centro de Psicoterapia Breve (CPB)

Academic Director & Postgraduate Lecturer (Sept. 2023 – Present)

Director and core faculty for the Postgraduate Expert in Brief Systemic Therapy (150h) and Postgraduate Expert in Systemic Family Therapy (150h).

Spanish Federation of Family Therapy Associations (FEATF)

Research Division Coordinator (Jan. 2023 – Jan. 2024)

Promotion, coordination, and supervision of national scientific research projects in systemic and family therapy.

Clinical Supervision & University Practicum Tutoring

- **Universidad Europea** (2024 – 2025): Practicum clinical supervisor for the Master's in General Health Psychology.
- **UNIR** (2024 – 2025): Practicum clinical supervisor for the Master's in General Health Psychology.
- **Universidad de Málaga (UMA)** (2024 – 2025): Clinical supervisor for Master's PGS trainees.
- **Universidad Loyola Andalucía** (2022 – 2024): Professional practicum supervisor for Bachelor's and Master's students in Psychology.
- **Valencian International University (VIU)** (2015): Practicum I tutor for Master's PGS.
- **Universidad de Málaga / AFIBROMA** (2014): Clinical psychology practicum tutor.

Other University & Specialized Teaching

- **University of Santiago de Compostela (USC / ATFMG)** (2024): Course instructor: "*Artificial Intelligence and Systemic Brief Therapy*" (8 hours).
- **Centro Soluciones** (2016 – 2023): Core postgraduate faculty in Systemic Psychotherapy.
- **VIU (Valencian International University)** (2015 – 2019): Adjunct lecturer and supervisor of 10 Master's theses in PGS.
- **Universidad Pablo de Olavide (UPO)** (2016 – 2018): Lecturer in the Master's in Occupational Neurotherapy.
- **Official Medical College of Ceuta** (2017): Workshop: "*Communication Skills in the Doctor-Patient Relationship*".

2. CLINICAL PRACTICE

- **Centro de Psicoterapia Breve (CPB)** (Dec. 2022 – Present): Clinical director and licensed health psychologist providing individual, couple, and family psychotherapy.
- **Centro de Psicología Soluciones** (Sept. 2018 – Dec. 2022): Private psychotherapist for adults, couples, and families.
- **Centro ABanza** (Mar. 2017 – Sept. 2018): Clinical psychologist specializing in Autism Spectrum Disorder (ASD).
- **Fundación CIRHMA (Fundación Héroes)** (Oct. 2014 – Sept. 2015): Psychotherapist in Caixa Proinfancia Program working with at-risk children and families.

3. INSTITUTIONAL LEADERSHIP & GOVERNANCE

Asociación Brifi (Nov. 2025 – Present): President and executive leader responsible for institutional direction, scientific projects, and representation.

4. RESEARCH & SCIENTIFIC PUBLICATIONS

Peer-Reviewed Journal Articles

Guyton, N., Gerwing, J., & **Zamanillo, A.** (In press). The Training Eye: Best practices in elite football as a prototype for post-graduate clinician development. *Journal of Solution Focused Practices*.

Sánchez-Ruiz, B., & **Zamanillo, A.** (2024). El lenguaje como un proceso colaborativo: una replicación sobre el modelo colaborativo de Clark (Schober y Clark 1989). *Apuntes de Psicología*, 42(2), 163–172.

Zamanillo, A. (2024). Desarrollo de una red de investigación orientada a la práctica de la terapia sistémica: Un protocolo del proyecto REPOFEATF. *Mosaico*, 86, 21–30.

Zamanillo, A., & Rodríguez-Morejón, A. (2021). Language Analysis in Solution-Focused Therapy Training: Comparing Trainees with their Trainer. *Journal of Solution Focused Practices*.

Rodríguez-Morejón, A., **Zamanillo, A.**, Iglesias, G., Moreno-Gámez, A., Navas-Campaña, D., Moreno-Peral, P., & Rodríguez-Arias, J. L. (2018). Development of the Therapeutic Language Coding System (SICOLENTE): Reliability and construct validity. *PLoS ONE*, 13(12), e0209751.

Scientific Conferences & Workshops

Zamanillo, A. (2026, October). *¿Qué tienen en común conducir, bailar y la terapia? Uso de la práctica deliberada en el entrenamiento de terapeutas* [Workshop]. 45th Spanish National Congress of Family Therapy, Spain.

Zamanillo, A., Montiel-Aguilar, M., & Rodríguez-Romero, T. (2026, January). *Language-centered deliberate practice in systemic brief therapy training* [Plenary Workshop]. OCHER Conference, Oslo, Norway.

Zamanillo, A. (2023). *Desarrollo de una red de investigación orientada a la práctica de la terapia sistémica: Un protocolo del proyecto REPOFEATF* [Oral Presentation]. 42nd Spanish National Congress of Family Therapy, Valencia, Spain.

Zamanillo, A. (2019). *SICOLENTE: Práctica sobre el uso intencional del lenguaje en psicoterapia* [Workshop]. XXXIX National Conference of Family Therapy, Santiago de Compostela, Spain.

Zamanillo, A., & Rodríguez-Morejón, A. (2016, July). *Studying the Differences in Communication use Based on Experience Level of Psychotherapists: Protocol of a Convergence Methodology* [Poster]. 31st International Congress of Psychology (ICP2016), Yokohama, Japan.

Zamanillo, A., & Rodríguez-Morejón, A. (2016, July). *Analysis of the Communication Skills between Novice Psychotherapists and their Supervisor* [Poster]. 31st International Congress of Psychology (ICP2016), Yokohama, Japan.

Zamanillo, A. (2016). *Communicative differences between expert and novice psychotherapists* [Oral Presentation]. 1st Doctoral Students Conference in Psychology, Málaga, Spain.

International Research Fellowships

- **University of Victoria (Canada)** (2016): 3-month predoctoral fellowship supervised by Dr. Janet Bavelas on face-to-face dialogue microanalysis in psychotherapy.
- **Johns Hopkins Bloomberg School of Public Health (USA)** (2014): Certified RIAS Communication Coder (Drs. Susan Larson & Debra Roter).

5. EDUCATION & QUALIFICATIONS

- **PhD in Psychology:** University of Málaga (2020). Qualification: **Outstanding Cum Laude (Sobresaliente Cum Laude)** with **International Mention**. Doctoral thesis indexed in TESEO (Spanish Ministry of Universities).
- **Master's Degree in Health Psychology:** University of Málaga (2013 – 2014).
- **Bachelor's Degree in Psychology:** University of Málaga (2007 – 2012). Clinical Psychology Track with a GPA of **8.24 / 10**.
- **Postgraduate Expert in Systemic Psychotherapy (3-year program):** Centro Soluciones (2012 – 2015). Accredited by FEATF and FEAP.
- **AI Agents Fundamentals:** Hugging Face (Feb. 2025).
- **Generative AI for Everyone:** DeepLearning.AI (Aug. 2024).
- **Specialization in Data Science:** Johns Hopkins University / Coursera (2018).

6. CONTINUING PROFESSIONAL DEVELOPMENT & SEMINARS

University of Málaga (2019)

- Course: "*Qualitative Data Analysis using Atlas.ti package*", taught by Dr. M. Teresa Anguera Argilaga (8 hours).
- Course: "*Good Research Practices in Psychology Doctoral Studies*" (20 hours).
- Seminar: "*Key factors in scientific grant writing*", taught by Dr. Diana López Barroso, Dr. Alberto Megías Robles, and Dr. Fernando Cuetos Vega (3 hours).
- Course: "*Introduction to Meta-Analysis in Psychological Research*", taught by Dr. Miguel Ángel Vadillo Nistal (6 hours).

University of Málaga (2018)

- Seminar: *"Culture and Clinical Psychology"*, taught by Eleni Petkari (2 hours).
- Course: *"Reading for Research in Psychology"*, taught by Martyna Bryla and Jesús Romero (25 hours).
- Seminar: *"Fear extinction and exposure therapy: friends forever?"*, taught by Miquel Àngel Fullana Rivas (1 hour 15 min).
- Course: *"Competitive Grant Writing for Research Funding"*, Postgraduate Studies Vice-Rectorate, UMA.
Grade: **Outstanding** (33 hours).

University of Málaga (2016)

- Course: *"Observational Methodology and Qualitative Data Analysis"* (36 hours).
- *1st Doctoral Students Conference in Psychology* (10 hours).
- Seminar: *"Research Funding in Psychology"*, taught by Dr. Helena Matute Greño.

University of Málaga & IBIMA (2015)

- Lecture: *"Science and Pseudoscience in Psychology: Cognitive Biases and how to mitigate them"*, taught by Dr. Miguel Ángel Vadillo Nistal.
- Seminar: *"Longitudinal Studies in Health Sciences"*, taught by Dr. Rebecca Bendayán (10 hours).
- IBIMA: *"Methods and pitfalls in the study of unconscious mental processes"*.

University of Málaga (2012)

- *Information Resources in Educational Sciences and Psychology* (3 hours).
- *Introduction to Systematic Literature Search* (1.5 hours).

University of Málaga (2011)

- *Practical Course on Clinical Hypnosis: Psychological Processes and Sports Performance* (50 hours).

University of Málaga (2008)

- *Course on Emotional Intelligence in Everyday Life* (40 hours).